

PRE-SCHOOL ACROBATICS & TUMBLING CLASS

ACROBATICS TEACHES FLEXIBILITY AND STRENGTHENING SKILLS AND INCORPORATES THE SLOWER MORE GRACEFUL STYLE OF GYMNASTICS. THE TUMBLING SECTION OF CLASS FOCUSES ON FORWARD AND BACKWARD ROLLS, CARTWHEELS, AND A VARIETY OF JUMPS. STUDENTS START EACH CLASS WITH STRETCHES AND WARM-UP EXERCISES. CLASSES ARE FOR 3-4-5-6 YEAR OLDS.

PRE-SCHOOL DANCE

PRE-SCHOOL DANCE IS OFFERED TO 3, 4, AND 5 YEARS OLDS. THIS CLASS IS AN INTRODUCTION TO ALL STYLES OF DANCE. STUDENTS LEARN BASIC STEPS IN TAP, BALLET AND JAZZ DANCE. THEY ARE ALSO GIVEN THE OPPORTUNITY TO PERFORM AT COMMUNITY EVENTS AND SPECIAL ACTIVITIES THROUGHOUT THE YEAR.

YOUTH DANCE FOR FUN

YOUTH DANCE IS A NON-COMPETITIVE CLASS OFFERED TO STUDENTS IN KINDERGARTEN THROUGH 8TH GRADE. THIS CLASS IS AN INTRODUCTION TO ALL STYLES OF DANCE. STUDENTS LEARN BASIC STEPS IN TAP, BALLET, LYRICAL, HIP HOP AND JAZZ DANCE. THEY ARE ALSO GIVEN THE OPPORTUNITY TO PERFORM AT COMMUNITY EVENTS AND SPECIAL ACTIVITIES THROUGHOUT THE YEAR. ANYONE INTERESTED IN COMPETITIVE DANCE, MUST DO ONE SESSION OF DANCE FOR FUN PRIOR TO JOINING THE DANCE TEAMS.

BALLET

THE BALLET CLASS IS OPEN TO STUDENTS IN KINDERGARTEN THROUGH 12TH GRADE. STUDENTS ARE TAUGHT A SERIES OF BARR EXERCISES AND WELL AS CENTER FLOOR WORK. A SIMPLE DANCE IS TAUGHT EACH SESSION AND GENERALLY THE CLASS IS GIVEN AN OPPORTUNITY TO PERFORM AT A SPECIAL COMMUNITY EVENT.

TAP DANCE

THE TAP DANCE CLASS IS OPEN TO STUDENTS IN KINDERGARTEN THROUGH ADULT. STUDENTS ARE TAUGHT A SERIES OF BASIC TO INTERMEDIATE TAP STEPS. A SIMPLE DANCE IS TAUGHT EACH SESSION AND GENERALLY THE CLASS IS GIVEN AN OPPORTUNITY TO PERFORM AT A SPECIAL COMMUNITY EVENT. THIS IS A GREAT CLASS FOR PARENT AND CHILD PARTICIPATION!!